

Same-week psychiatric intake — referred patients are typically seen within 3–5 business days, in person in Winter Park or by telehealth anywhere in Florida. With patient consent, you receive an intake summary after the first visit and updates whenever medications change.

For therapists: your client stays your client. We provide medication management only — we do not absorb therapy relationships.

SERVICES

- Psychiatric evaluation (45–60 min)
- Medication management
- Adult ADHD evaluation & treatment
- Telepsychiatry (Florida-wide)
- Coordination with referring provider

CONDITIONS

- Anxiety & panic
- Depression
- ADHD (adults)
- Bipolar disorder
- PTSD & trauma
- OCD
- Insomnia
- Mood disorders

INSURANCE (IN-NETWORK)

- Aetna
- Blue Cross Blue Shield
- Cigna
- Medicare
- Optum
- Oscar Health
- UMR
- UnitedHealthcare
- Self-pay

PRACTICE NOTES

- Adults 18+ only
- We do not prescribe benzodiazepines
- Evidence-based prescribing (SSRIs, SNRIs, buspirone, hydroxyzine for anxiety; stimulant & non-stimulant ADHD options)
- Medicaid not accepted
- Psychiatric ADHD evaluations (clinical interview) — not neuropsychological test batteries

HOW TO REFER

1

Email (preferred)

Patient name, contact info, insurance, and reason for referral to providers@empathyhealthclinic.com. We contact the patient within one business day.

2

Phone

Call (386) 848-8751 — our intake team takes referral details and can schedule the patient on the spot.

3

Patient self-booking

Patients book directly at empathyhealthclinic.com/request-appointment — ask them to mention your name so we close the loop with you.